4-H Project Record

Shooting Sports –All Disciplines

COLORADO STATE UNIVERSITY EXTENSION

2018-2019

Project:	**Name:**
Unit Number and/or Title:	**4-H Club:**
Year in this Project: (include current year)	**County:**
Age Group (check one): ❒ Junior (8-10) ❒ Intermediate (11-13) ❒ Senior (14-18)	**What <u>other</u> disciplines are included in this e-record:** ☐ Archery ☐ .22 Pistol ☐ .22 Rifle ☐ Western Heritage ☐ Air Pistol ☐ Air Rifle ☐ Muzzleloading ☐ Shotgun ☐ Outdoor Skills
Birthdate: (mm/dd/yy)	
Age: (As of December 31, 2018)	

Project and exhibit guidelines for each project are listed in the State Fair Exhibit Requirements available on the web at www.colorado-4h.org.

I declare that the information in this book is correct and all 4-H requirements have been completed to the best of my knowledge.

Member's Signature	date
Leader's Signature	date
Parent/Guardian Signature	date

How I Participate in 4-H!

Categories of Participation	Total this Year	Description/Project Title
4-H Projects you are taking this year		
What activities helped you learn the skills for this project? (project meetings, workshops, classes, contests, etc.)		
What Leadership Development experiences did you participate in? (club/district/state/officer, committee chair, LDC, CLC, YouthFest, State Conference, Jr./Teen leader, pledge leader, etc.)		

4-H	Date	Hours	Activity/Title	Location
Citizenship/ Community Service				
Demonstrations/ Presentations/ Speeches		NA		
		NA		
		NA		

Project Expense and Income/Value

Expenses: ***Juniors Only.*** *Figure the cost of the specific ingredients and materials use for your final exhibit item or display board. Label the item "Exhibit" or "Board". You can add a more specific name.* ***Intermediates/Seniors.*** *1. List items* ***purchased*** *this year for your project, such as tools, ingredients, class fees, etc. (More pages can be added if needed)*

Item	Project Expenses
	$
	$
	$
	$
TOTALS	$

Income or Value: ***Intermediates/Seniors.*** *1. List practice items you made-like cakes, cookies, bags, room decorations—and estimate the value by comparing it to a similar item you could buy. 2. Record the value of your exhibit item by comparing it to a similar item you could buy.* ***Display boards have no value.*** *3. Record the amount of money you received for any items you* ***sold*** *as Income.*	**Income or Value**
	$
	$
	$
TOTALS	$

Return on Investment

Intermediate and Senior Members

Everyday, we make decisions about where to spend our time and money, and what activities we want to continue. Ask yourself: How did I benefit from this project? What knowledge and skills did I gain from the project? Did I enjoy it? Was it worth the expense? Could I spend money more wisely the next time? Is it worth doing again? Do I want to learn more?

1. What knowledge and skills did you learn that you can use again?

2. How could you use your new skills to save money or to make money?

3. If you made a product to sell, how would you decide a price for your product?

4-H Shooting Sports Inventory

Make copies as needed. All members must complete the inventory page as well as the activity log for all disciplines in which you are enrolled.
List ALL equipment that you use as part of your shooting sports project. It is not important that you personally own the equipment. It can be given to you or borrowed by you. Do not list ammunition.

Item	Date Purchased	Approximate Value	Model Number	Date sold or traded or returned

Air Pistol Activity Log <u>**Add pages as necessary.**</u>

Be sure to list formal or informal practices in addition to “official” shoots. Keeping an accurate log will show areas of improvement or problem areas. (For non-standard targets at least list the number of “hits” and the number of “misses”.)

Date	Comments	**1-Hand Standing (Sr.)**	**2-Hand Standing (Jr. & Sr.)**	**Bench Rest**	Total

Air Rifle Activity Log

Be sure to list formal or informal practices in addition to “official” shoots. Keeping an accurate log will show areas of improvement or problem areas. (For non-standard targets at least list the number of “hits” and the number of “misses”.)

Date	Comments	Prone	Standing	Kneeling	Sitting	Total

Archery Activity Log

Be sure to list formal or informal practices in addition to “official” shoots. Keeping an accurate log will show areas of improvement or problem areas. (For non-standard targets at least list the number of “hits” and the number of “misses”.)

Date	Comments	10 yd.	20 yd.	30 yd.	40 yd.	Total

.22 Rifle Activity Log

Be sure to list formal or informal practices in addition to “official” shoots. Keeping an accurate log will show areas of improvement or problem areas. (For non-standard targets at least list the number of “hits” and the number of “misses”.)

Date	Comments	Prone	Standing	Kneeling	Sitting	Total

.22 Pistol Activity Log

Be sure to list formal or informal practices in addition to “official” shoots. Keeping an accurate log will show areas of improvement or problem areas. (For non-standard targets at least list the number of “hits” and the number of “misses”.)

Date	Comments	Slow Fire	Timed Fire	Rapid Fire	Silhouettes	Total

Shotgun Activity Log

Be sure to list formal or informal practices in addition to “official” shoots. Keeping an accurate log will show areas of improvement or problem areas. (For non-standard targets at least list the number of “hits” and the number of “misses”.)

Date	Trap	Skeet	Sporting	Total	Comments

Muzzleloading Activity Log

Be sure to list formal or informal practices in addition to “official” shoots. Keeping an accurate log will show areas of improvement or problem areas. (For non-standard targets at least list the number of “hits” and the number of “misses”.)

Date	Comments	Target Type	Yardage	# of shots	Total

Western Heritage Activity Log

Be sure to list formal or informal practices in addition to “official” shoots. Keeping an accurate log will show areas of improvement or problem areas. (For non-standard targets at least list the number of “hits” and the number of “misses”.)

ACTIVITIES – Education, History, Field Trips, and Practices:		
Date	What Did You Do?	How Did You Do? (Comments)

Western Heritage Shoot Log

Be sure to list formal or informal practices in addition to “official” shoots. Keeping an accurate log will show areas of improvement or problem areas.

Date	Character	Story	Time	Miss +5	Procedural Error +10	Minor Safety Violation +10	Major Safety Violation DQ	Intentional Procedural Error +30	Net Score

Hunting/Outdoor Skills Activity Log

Be sure to list formal and informal practices in addition to "official" events and shoots. Be as accurate as you can when you list "scores". Keeping an accurate log will show areas needing improvement. (For non-standard targets (no scoring rings) at least list the total number of shots taken and the total number of hits. This will give you an idea of your success.)

Hunter Safety Card #: _____
State Issuing Card: _____
Date Card Issued: _____

If you do not have your card, when do you plan on getting it?

Informal Shooting/Event Practices:			
Date	What Did You Do?	How Did You Do? (Comments)	Score (#hits/#shots)

Sanctioned 4-H Hunting/Outdoor Skills/YHEC Challenge Events:										
Date	Location	Archery Score	Muzzle Score	Shotgun Score	Rifle Score	Exam/Decision Score	Wildlife ID Score	Trail Score	Orienteer Score	Score (total/total possible)

Other Events/Activities:			
Date	What Did You Do?	How Did You Do? (Comments)	Score (#hits/#shots)

Outdoor Activities (Hunting/Fishing/Camping Trips):		
Date	What Did You Do?	How Did You Do? (Comments)

Other Items to share:

Photographs from your 4-H Project

A minimum of four pictures with a descriptive caption for each is required. Additional photos can be added. Pictures must be project-specific.

4-H Story

Length and Format Guidelines

You can type or hand-write your story. If you hand-write the story, use pencil or ink on lined white notebook paper.

If a computer is used to write the story, use plain white paper with no smaller than 12-point font.

Leave wide enough margins so the story can be read if inserted into a report cover.

Limit your story to a maximum of two (2) pages.

Story can be single or double-spaced if it does not exceed two pages.

Younger members may want to double-space their story so you can see what you are writing.

Be sure to use proper grammar and sentence structure.

Edit your story when finished. Check your spelling.

Have someone else read your story.

The following questions may help you in composing a story specifically related to your project:

Why did you choose this project?

What goals did you set and which ones did you reach?

What are your 4-H goals for next year?

What would you do differently if you were to try it again?

What skills have you learned in the program?

Have your projects grown and scope?

Were any adults or other 4-H members especially helpful to you? How?

Has 4-H helped you become a better leader and citizen?

What has being a 4-H member meant to you?

4-H Project Record Resources

Record Book Users Guide

Electronic and printable forms

Project Exhibit Requirements

www.colorado4h.org